

September 14, 2009

Swim Information Meeting for Stingrays 2009-2010

Welcome

Coaching staff introduced: Mary Jannides- Black Team, Lee Huskey- Gold/White Team, Chad McClain- White team, Ken Jensen-Gold Team, Jarod Motise

Stingray History: Est. 1974, Originally Aquarians, Became Stingrays in 1993, Governed by YMCA competitive swimming, Part of Southwest Cluster YMCA Swim league, Mary Jannides inducted into SWCSL Hall of Fame in 2002

Stingray Philosophies: Work with every swimmer, work on basic skills and teach good physical fitness, teach fair play, help swimmers set goals, keep winning in perspective, encourage lifetime of physical activity and involvement in sports, work with whole person (Spirit, Mind & Body), Focus on winning by self-improvement of times and skills.

SWIMPAC: Swim Team Parents Advisory Committee, 1st Chair- Tammi Johnson, 2nd Chair- Naomi Sluss, Treasurer- Shaun Brandewie, Secretary- Deanna Williams, Volunteer Coordinator- Pam Fultz, Meets 1st Monday of every month, essential for parents to be involved to help make decisions and get information about swim team, many committees that need volunteers (please see Volunteer Areas form in your packet)

Volunteer Organization: Volunteer Coordinator (Pam Fultz) will collect the Volunteer Areas forms and get the contact info and desired areas of volunteering to the following coordinators, Officials and Timers, Concessions, Meet Management, and Administration. These coordinators will contact volunteers with necessary information. It is crucial that we get everyone to help make this swim season successful and fun for all.

Website tour: <http://www.sidneyswimming.org> Please bookmark this website as all necessary information is posted here from times, schedules, contact info and forms. See 10 Commandments posted on the website.

Meet signout: Please be aware of signout dates. Swim entries are often made weeks ahead of time. Coaches will assume your swimmer WILL be at a meet unless they get your email via the website asking them to sign your swimmer out. If it is a Saturday/Sunday meet, and you can only make one day, please sign your swimmer out of the day you cannot attend. If you do not sign out by the signout date posted, you will be charged for your swimmer to swim. Please let the coaches know if your swimmer cannot attend.

Eligibility: Must be able to complete minimum course for freestyle and backstroke, be a current YMCA member and be available for events.

Practice Schedule: Please note that the printed version of the handbook is incorrect. Practice times are as follows:

White:	Monday and Wednesday	7-8:30
White 2:	Tuesday and Thursday	6:30-7:15
Gold:	Monday (dryland-focus on training video and calisthenics)	6:30-7
	Monday (pool)	7-8:30
	Tuesday and Thursday	6:30-8:30
Black:	Monday (dryland)	6:30-7:00
	Tuesday and Thursday	7:15-9:15
	Wednesday	7-8:30

Fees:

First Swimmer: \$110 first half (\$220 for full season)

Any additional swimmer(s): \$95 first half (\$190 for full season)

Swimmer Fees include latex cap and 2010 t-shirt

Option: A Sidney Silicone swim cap may be purchased for an additional \$7.

\$75 for starting Escrow account balance (required for entry fees)

-will receive monthly statements

-parents responsibility to keep positive balance

-will cost approximately \$125 for entry fees for the entire season depending on how many meets your swimmer attends

Payments: First half fees and escrow are due October 1, 2009. Second half fees and/or any remaining balance are due January 1, 2010.

Next steps:

Complete paperwork- forms due by 9/30/09. Have Y staff member put completed forms in Chad's box.

Volunteer for committees. We can't do it without your help!

Bookmark website: <http://www.sidneyswimming.org>

Practice begins week of 9/28/09

You may go to Ernst for suit sizing. Samples of warm-ups, t-shirts and sweatshirts are available at Ernst until 9/30/09.

The BLACK t-shirt featured on the Ernst order form is the t-shirt your swimmer will receive with first half payment of swim fees. Please do NOT place your swimmer's t-shirt size on this form unless you intend to PAY for an additional t-shirt. Please mark the Swimmer information form with your swimmer's size t-shirt.

Ernst has provided a self-addressed stamped envelope, attached to the order form provided at the swim meeting, for your convenience to submit your order.

If you need forms, they are available online to download and they will be available at the front desk after Thursday, September 17th.